

coralclub

Ginerra

A natural shield against GI discomfort

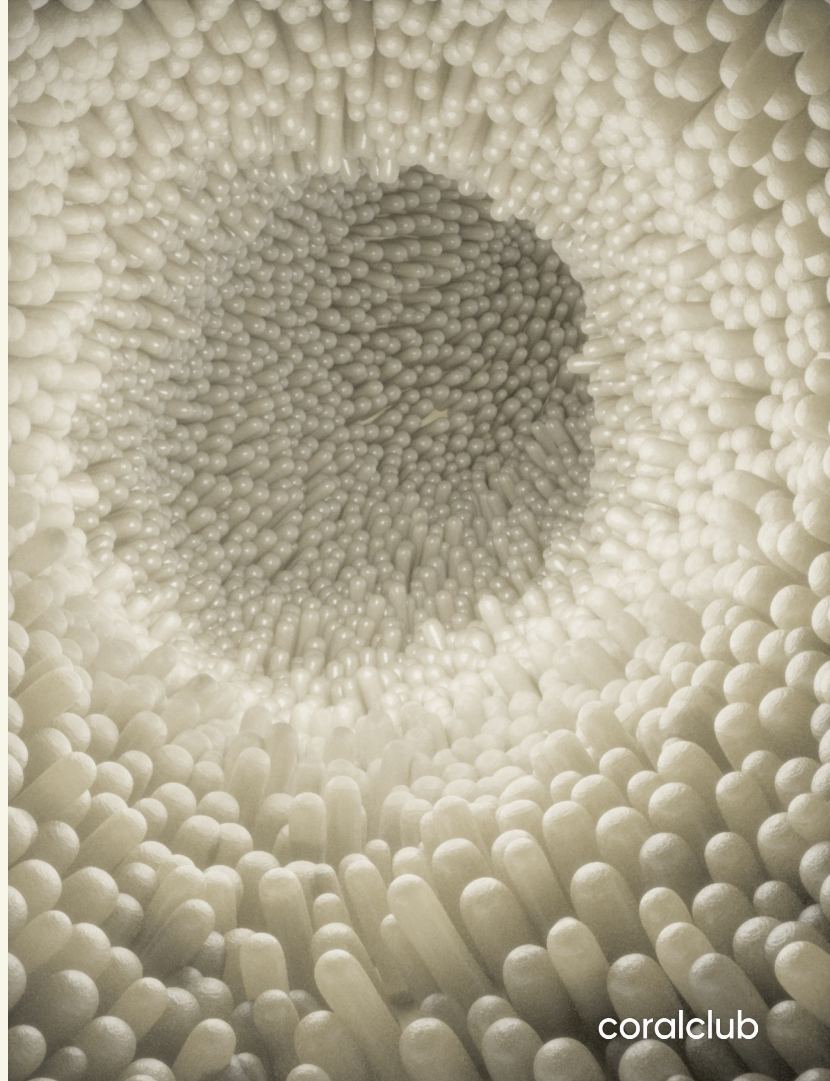


Well-protected

The body is a natural fortress against the influence of foreign agents. For example, the immune system prevents viruses and bacteria from entering the body, and our skin protects us from UV rays, temperature fluctuations and physical damage.

There is also a protective barrier in the gastrointestinal tract. A mucous membrane only

1.5 mm thick, which plays a crucial role in digestive tract functions.



What we know about the gastrointestinal mucosa

#1 Protects the digestive tract from damage:



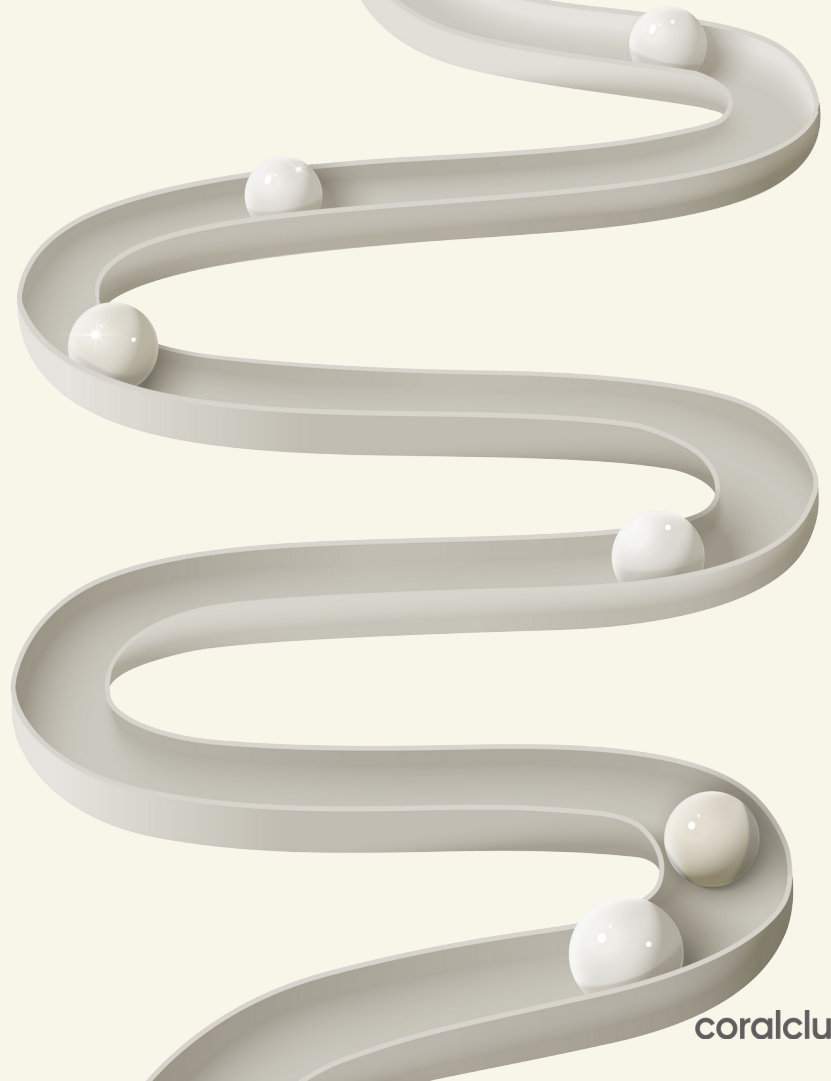
chemical - high acidity foods



mechanical - coarse, dry, poorly chewed food



thermal - food that is too hot



What we know about the gastrointestinal mucosa

#2 Thwarts pathogenic bacteria:



helps distinguish them from healthy bacteria and sends signals to the immune system for a timely response



defends against many pathogenic bacteria



What we know about the gastrointestinal mucosa

#3 Participates in the digestive process:



secretes digestive juices in the stomach



and intestines to soften and break down food plays a central role in nutrient absorption, facilitating their transport from food directly into the circulatory system. Here they are distributed throughout the body, keeping it healthy and functioning properly.



The health of the mucous membrane directly affects GI tract comfort. If its integrity is compromised, we may experience unpleasant symptoms, such as:



heartburn



nausea



that heavy feeling



bloating



flatulence



sour taste
in the mouth



reflux



belching



frequent bowel
movements

Damage to the mucosa can also lead to the development of functional disorders - including irritable bowel syndrome (IBS).

Low level of protection:

Potential causes of GI mucosal disruption



unbalanced diet with an excess of spicy and fatty foods



stress, especially chronic stress



smoking and alcohol



frequently taking certain medications (such as NSAIDs, aspirin)



untreated chronic inflammatory gastrointestinal diseases (such as gastritis, colitis, esophagitis, gluten intolerance)



microfloral imbalance

We cannot completely eliminate the influence of these factors. But we can take good care of our gastrointestinal health in order to improve our well-being.



A must-have product to support gastrointestinal tract health

Plant complex based on the patented ingredient Mucosave® FG, L-glutamine and licorice root extract.

Soothes, restores and protects stomach and intestinal mucous membranes.



Ginerra contains the patented ingredient Mucosave®

Opuntia cladodia
extract

Opuntia ficus-indica (L.)

- Encapsulates and promotes gastrointestinal tract mucous membrane regeneration



The synergy
of two plant
extracts

Olive leaf extract
Olea europaea (L.)

- Calms and has a soothing effect on gastrointestinal mucosa

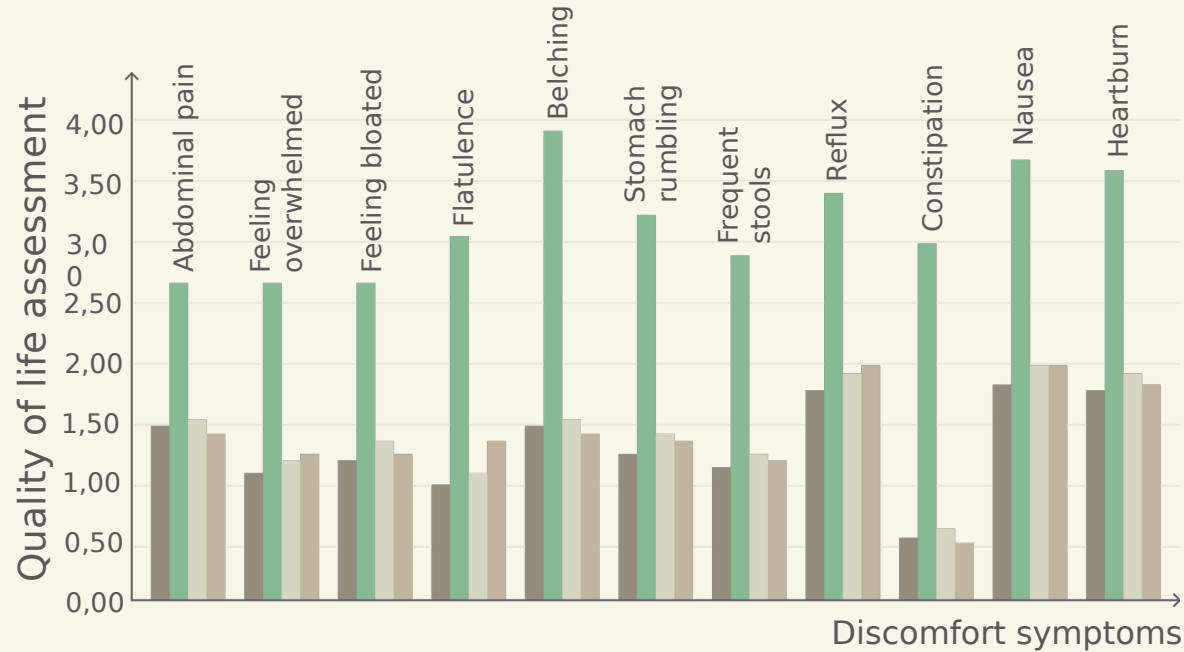
Mediterranean Treasure

Opuntia indica and olive trees used to create Mucosave® FG are grown in the hot Sicilian climate. Both plants are traditionally used here to relieve GI discomfort:

- A limited amount of research has shown that the juicy pulp of optuntia stems, rich in polysaccharides, may help with heartburn, acidity, and stomach pain, although further research may be needed.
- Olive leaves, which are bitter to taste, contain polyphenols that support cleansing of the body and removal of undesirable waste, such as certain toxins



Proven efficacy and safety: Clinical studies confirm the positive effects of Mucosave® on the GI tract*



A double-blind randomized controlled trial: After 8 weeks of taking 400 mg Mucosave® FG participants reported a significant reduction in stomach and intestinal discomfort^[3]

MUCOSAVE™FG T=0 PLACEBO T=0
MUCOSAVE™FG T=8 PLACEBO T=8

Ginerra also includes:

L-glutamine from corn

Conditional amino acid, that is a conditionally essential amino acid (necessary) in times of stress. L-glutamine is an important building block for gastrointestinal mucosa and helps:

- maintains MUCOSAL integrity, improves intestinal barrier function and protects against unwanted toxins entering the digestive system
- restore intestinal microbiotal balance



Innovative ingredients from nature: licorice root extract

It is one of the most ancient plants known for its medicinal properties. People in China, India, Egypt, and Tibet have used licorice to support the health of the gastrointestinal tract, skin, liver, kidneys, and heart.

Licorice root:

- is rich in flavonoids, which help restore and protect gastrointestinal mucosa
- contains natural substances with moisturizing and lubricating mucosal effects

Ginerra



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Active ingredients in a daily dose (2 capsules)

400 mg Mucosave®FG complex
Extracts of cladodia opuntia indica and olive leaves

150 mg licorice root extract
deglycyrrhizinated
(removal of glycyrrhizin)

100 mg L-Glutamine
from corn

GMO and gluten-free

The same amount was taken by participants in a study that proved ingredient^[3] effective



1 capsule of Ginerra twice a day during or after meals to protect gastrointestinal mucosa



Ginerra can help:



protect and restore gastric mucosa



aid digestive comfort following meals



support digestion and nutrient absorption



provide added immune system support



Gierra is for adults who are bothered by at least one of the following issues after eating:



occasional bloating



that heavy gut feeling



changes in the frequency of bowel movements



some flatulence



nausea



belching



sour taste in the mouth

In addition, the product is recommended for those who:

- want to protect themselves from exacerbated, seasonal, chronic, gastrointestinal effects
- have poor stress-induced eating habits
- have unhealthy dietary habits
- do not get enough fiber in their diet and who lack variety or balance in their diets

Ginerra



Comprehensive gastrointestinal health support, providing added digestive comfort



Gentle restoration of gut barrier to offer added protection to stomach and intestinal mucous membranes



Composition based on herbal ingredients and phytonutrients, including the patented ingredient Mucosave®



Ginerra

Code 2303

Bonus points

15,0

Club price

Retail price



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See also these references:

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2. Sandler RS, Stewart WF, Liberman JN, Ricci JA, Zorich NL. Abdominal pain, bloating, and diarrhea in the United States: prevalence and impact. *Dig Dis Sci*. 2000 Jun;45(6):1166-71. <https://doi.org/10.1023/a:1005554103531>. PMID: 10877233.
3. Malfa GA, Di Giacomo C, Cardia L, Sorbara EE, Mannucci C, Calapai G. A standardized extract of *Opuntia ficus-indica* (L.) Mill and *Olea europaea* L. improves gastrointestinal discomfort: A double-blinded randomized-controlled study. *Phytother Res*. 2021 Jul;35(7):3756-3768. <https://doi.org/10.1002/ptr.7074>. Epub 2021 Mar 16. PMID: 33724592.
4. Malfa GA, Di Giacomo C, Cardia L, Sorbara EE, Mannucci C, Calapai G. A standardized extract of *Opuntia ficus-indica* (L.) Mill and *Olea europaea* L. improves gastrointestinal discomfort: A double-blinded randomized-controlled study. *Phytother Res*. 2021 Jul;35(7):3756-3768. <https://doi.org/10.1002/ptr.7074>. Epub 2021 Mar 16. PMID: 33724592.
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6. Alecci U, Bonina F, Bonina A, Rizza L, Inferrera S, Mannucci C, Calapai G. Efficacy and Safety of a Natural Remedy for the Treatment of Gastroesophageal Reflux: A Double-Blinded Randomized-Controlled Study. *Evid Based Complement Alternat Med*. 2016;2016:2581461. <https://doi.org/10.1155/2016/2581461>. Epub 2016 Oct 12. PMID: 27818697; PMCID: PMC5080480.